

My EVS World

1

(A Textbook of Environmental Studies and Life Skills)



Essential Learning
Critical Thinking
Experiential Learning
Art-Integrated Activities



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My EVS World

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- National Education Policy 2020
- Activity Based
- Innovative Approach
- Learning with fun
- Used Eco Friendly Paper





Environmental Studies has assumed great significance in the education of a child in recent times. The subject covers every aspect of the world in which the child lives, himself, how he should care for his health and the way he should behave in the society. It is very important for a child to become aware of his/her surroundings.

The book “**My EVS World**” is a series from 1 to 5 which is strictly based on the guidelines of NEP 2020 pattern to facilitate the teaching and learning of My EVS World.

The contents presented in these books have been selected keeping in view the physical and mental growth of the child. There will be active participation of the students through regular exercises and activities within the text.

Key Features of the Series

- ★ **Covers** the latest syllabus of various boards.
- ★ All the exercises in the books can be used as tasks for **Revision Test Papers** and **Model Test Papers**.
- ★ Interactive study approach is considered.
- ★ An **activity** is provided in each chapter to facilitate hands-on learning and consolidation of environmental concepts.
- ★ **Summary** is given at the end of each chapter to highlight some important points of the topics.
- ★ **Exercises** are carefully graded and contain a wide variety of problems. They help the children to connect what they are learning to everyday situations.
- ★ **Let Me Answer** is given in each chapter to enhance learning.
- ★ **Infobits** are also given in each chapter.
- ★ **Teacher** Notes are given in each chapter wherever required.



We hope that the series will fulfil the needs of teachers and students by its virtue of its plus points. Still, there is always room for improvement. Any suggestions from the teachers as well as the parents would be highly acknowledged and truly appreciated.



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Introducing Myself



LEARNING OBJECTIVE

- ★ Make children able to introduce themselves.
- ★ Recognise the capabilities that children have.



Hi! I am Mayank.

I am a boy.
I am Gaurika's brother.
I am eight years old.
We have many friends.

Hello friends!
My name is Gaurika.
I am a girl.
I am five years old.



Are you a
boy or a girl?



TEACHER'S NOTES

Allow pupils to use the exercise to study and discuss themselves with their friends.



Exercise



A. Fill in the blanks.

- a. I am _____
- b. I am a _____
- c. I am _____ years old.
- d. I like to _____ books.
- e. I study in _____



B. Answer the following questions.

- a. What is your name?

- b. Where do you live?



Let Me Answer

What is your
Age?



Activity Time



C. Draw pictures of your favourite things here.

Dress

Fruit





D. Fill in the blanks.

- a. My name is _____
- b. I am a _____ (boy/girl).
- c. I am _____ years old.
- d. I live in _____
- e. I study in class _____
- f. My school name is _____
- g. My favourite colour is _____
- h. I like to _____



E. Draw your favourite toy.



2

My Body Parts



LEARNING OBJECTIVE

- Different parts of our body
- Functions of different body parts



Different Parts of Our Body

Do all of us look the same? -----

- ★ All of us have the same body parts. Yet, we look different.
- ★ Each part of our body has a different name.
- ★ Our face has many parts.
- ★ All of us should keep our body neat and clean.



infobits

The brain is the control master of our body.



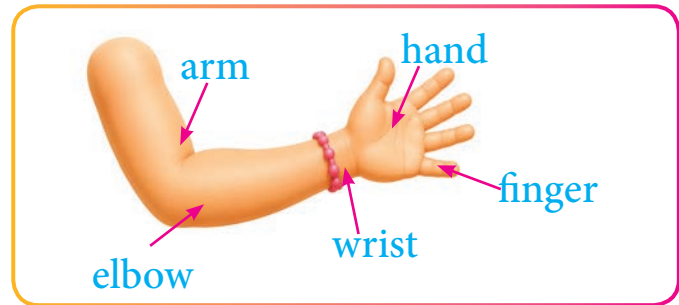
TEACHER'S NOTES

Instruct pupils to clean all of their body parts.

Functions of Different Body Parts

★ Arms and Legs ★

We have two arms and two legs.
Each hand has five fingers.
We use our hands to



Hold things



Write and draw



Pick things



Brush

We have two legs and two feet.
Each leg has one foot.
Each foot has five toes.
Legs help us to



Stand



Walk



Run



Kick

We all have the same body parts.
But we look different.
Some of us are tall and some are short.
Some of us have curly hair and some have straight hair.
Some of us have black eyes and some have brown.





Summary

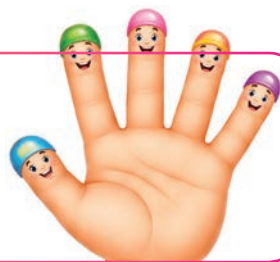


- ★ Our body has many parts.
- ★ We use our hands to write, pick things, brush and eat.
- ★ We use our legs to walk, run and kick.



Fact Finder

- ★ Our body is covered with skin.
- ★ All fingers have their special names.



Exercise



A. Tick (✓) the correct option.



- How many eyes do you have?
a. One ☐ b. Two ☐ c. Three ☐
- How many fingers are there in each hand?
a. Four ☐ b. Five ☐ c. Six ☐
- We use our hands to
a. Write ☐ b. Hold things ☐ c. both ☐

B. Write how many of each of these parts do you have.



a. Eyes



b. Ears



c. Nose



d. Fingers



e. Mouth



f. Legs



g. Arms



h. Thumbs



i. Toes



C. Answer the following questions.



a.



How many eyes do you have?

.....

b.



How do hands help us?

.....

c.



How do legs help us?

.....

d.



How many fingers do you have in each hand?

.....



ACTIVITY TIME



D. Paste your full body photograph here and label the parts.

Large dashed box for pasting a full body photograph and labeling parts.



E. Match the following.

a. Eyes

b. Nose

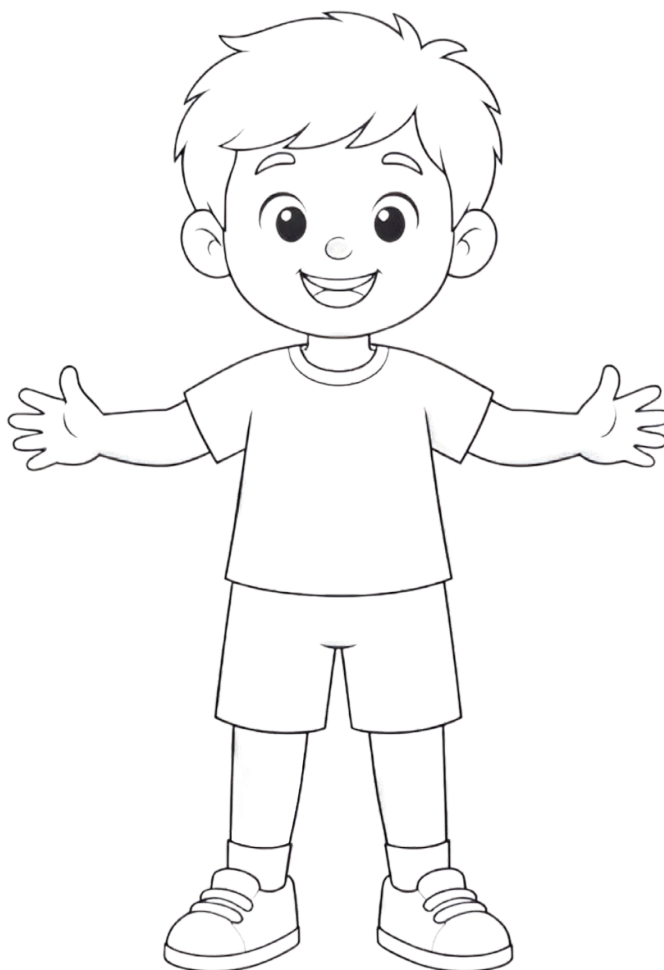
c. Ears

d. Mouth

e. Hands



F. Colour the picture.



3

My Family

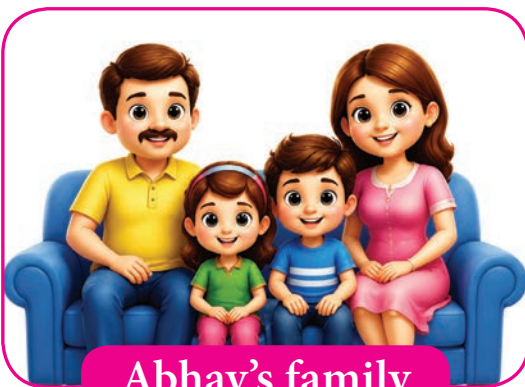


LEARNING OBJECTIVE

- ★ What is a family?
- ★ Types of Family
- ★ Roles in the family



You live in your house with your parents, brothers or sisters. They are your family.



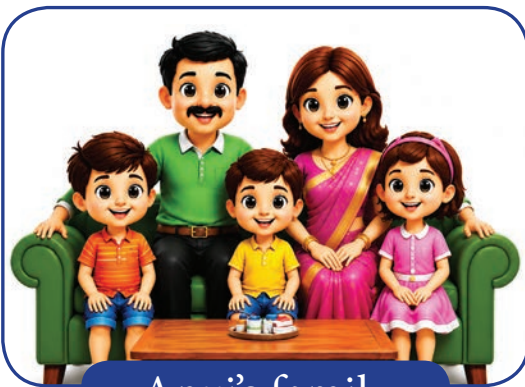
Abhay's family

Types of Family

Parents and their children make a family. This is Abhay's family.

Abhay lives with his mother, father and sister.

Abhay's family is a **small family**.



Anuj's family

Anuj lives with his parents, a brother and a sister. Anuj's family is a **big family**.



infobits

A nuclear family is the family that has one set of parents and their children living in the same house.



TEACHER'S NOTES

Encourage the pupils to respect everyone.



Look at this family photograph.



Let Me Answer

**How many
members make
up your family?**

- ★ This is Monu's family.
- ★ This is a joint family.
- ★ A family that has more than one set of parents and their children living together in the same house is called a joint family.



Roles in the Family

There are different things that your mother and father do.
Circle in **red** what your mother does and circle in **blue** what your father does. Circle in **green** what both of them do.





Summary



- ★ Parents and children make a family.
- ★ Some families are small. Some families are big.
- ★ A family that has one set of parents and their children living in the same house is called a nuclear family.
- ★ A family that has more than one set of parents and their children living together in the same house is called a joint family.
- ★ All the members of a family share work.



Fact Finder

The parents of our parents are our grandparents.



Exercise



A. Tick (✓) the correct option.

1. A small family has _____ children.

a. 1 or 2



b. 3 or 4



c. 5 or 6



2. A joint family is a

a. big family



b. small family



c. nuclear family



B. Write the name of your

a. Father

b. Mother

c. Brother / Sister

d. Uncle

e. Aunt



C. Answer the following questions.

a. What is a small nuclear family?

b. What is a big nuclear family?

c. What is a joint family?

d. What roles do father and mother play in a family?



Activity Time

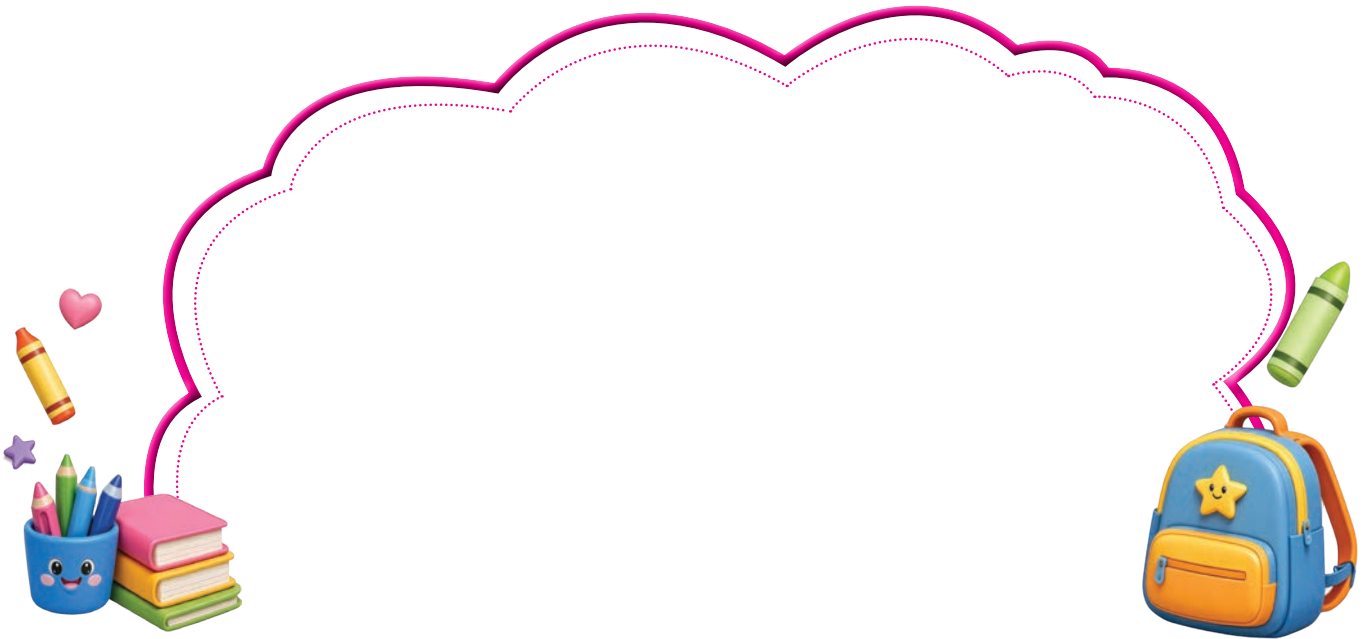
Make a 'Thank You' card for your parents. Take a chart paper. Write 'Thank You' on it. Decorate it and give it to them. See how happy they are to receive it from us.



D. Write the names of the family members.



E. Draw your family.



4

I Keep Myself Clean



LEARNING OBJECTIVE

★ How can we keep ourselves clean?

★ Good Habits



Johnny Johnny Jingles

Jumped out of bed
Brushed his teeth and washed his face,
And combed his twisted hair.
He put his clothes on carefully
His shoes were neatly tied.
Then he went for breakfast
And sat by his mother's side.



For being fit and healthy, we need to be clean. A **clean body** is a **healthy body**.

How can we keep ourselves clean?

Follow these simple rules to keep yourself clean:



Brush your teeth twice a day—
once in the morning and
once at night before going to bed.



Bathe yourself every day.
Dry your body and wear clean
clothes.



TEACHER'S NOTES

Advise pupils to use clean objects in their daily life.



Wash your face with soap and water. Then dry it with a clean towel.



Do not rub your eyes. Always wash your eyes with cold water.



Clean your ears with soft cotton buds.



Use a handkerchief while wiping the nose.



Wash your hair regularly and comb it neatly.



Wash your hands before and after eating.



Trim your nails regularly.



Never walk outside with bare foot.

For being healthy, we need to eat good food, have good habits, be clean and take enough rest.

We must take **rest or sleep**. If we do not get enough rest, we may fall sick.



infobits

We must sleep for about 8 hours every day.



Let Me Answer

Do you prefer neat rooms?

Along with rest, we also need to **exercise**.

Exercise keeps the body fit.

Walking, running, skipping, cycling and playing are very good exercises.



walking



running



skipping



cycling



playing



infobits

Yoga is a good exercise for the body and mind.



Good Habits

Good habits are some ways of behaviour, which we should follow in our daily life.

★ Get up early in the morning.



- ★ Be punctual for school.
- ★ Be polite to others.
- ★ Respect your elders.
- ★ Do not throw bits of paper here and there.
- ★ Do not waste water.
- ★ Use 'please', 'sorry' and 'thank you' in your vocabular



Summary



- ✿ A clean body is a healthy body.
- ✿ Follow simple rules to keep yourself clean.
- ✿ For being healthy, we need to eat good food, have good habits, be clean, take enough rest and do exercise.
- ✿ Good habits make us well mannered.



Fact Finder

- ★ Milk teeth are also known as temporary teeth.



Exercise



A. Tick (✓) the correct option.

1. Brush your teeth _____ a day.

a. once



b. twice



c. none of these



2. Clean your ears with soft

a. cotton buds



b. match-sticks



c. both



3. Use a _____ for wiping your nose.

a. cloth



b. rug



c. handkerchief



B. Write true or false.

- a. To be healthy, we need to be clean. _____
- b. We must bathe twice a day. _____
- c. We must wear dirty clothes. _____
- d. We should keep long nails. _____
- e. We should always walk barefoot. _____



C. Answer the following questions.

- a. How can we keep ourselves clean?

- b. Why should we take rest?

- c. Name some exercises.

- d. List some good habits.



D. Match the following:

a.



(i)

Trimming nails

b.



(ii)

Washing hands

c.



(iii)

Brushing

d.



(iv)

Washing hair

E. Tick (✓) the pictures that show good habits.



F. Write one good habit you follow.







Revision Test Paper - I

(Based on Chapters 1 to 4)



A. Tick (✓) the correct option.

1. We use our hands to

a. write

☐

b. hold things

☐

c. both

☐

2. Use a _____ for wiping your nose.

a. cloth

☐

b. mug

☐

c. handkerchief

☐

B. Fill in the blanks.

a. My father's name is _____

b. Brush your teeth _____ a day.

c. Parents and children make a _____

d. Each foot has five _____

C. Answer in one word.

a. How many eyes do you have? _____

b. How many fingers do you have? _____

c. How many ears do you have? _____

d. How many noses do you have? _____

D. Write three good exercises for our body.

a. _____ b. _____ c. _____

E. Answer the following questions.

a. What is a joint family?

b. Why should we take rest?

c. Why do we need food?



F. Tick (✓) the activities that keep you clean.



Bath daily



Brush daily



Wash hands



Comb hair



Cut nails



Wear dirty clothes

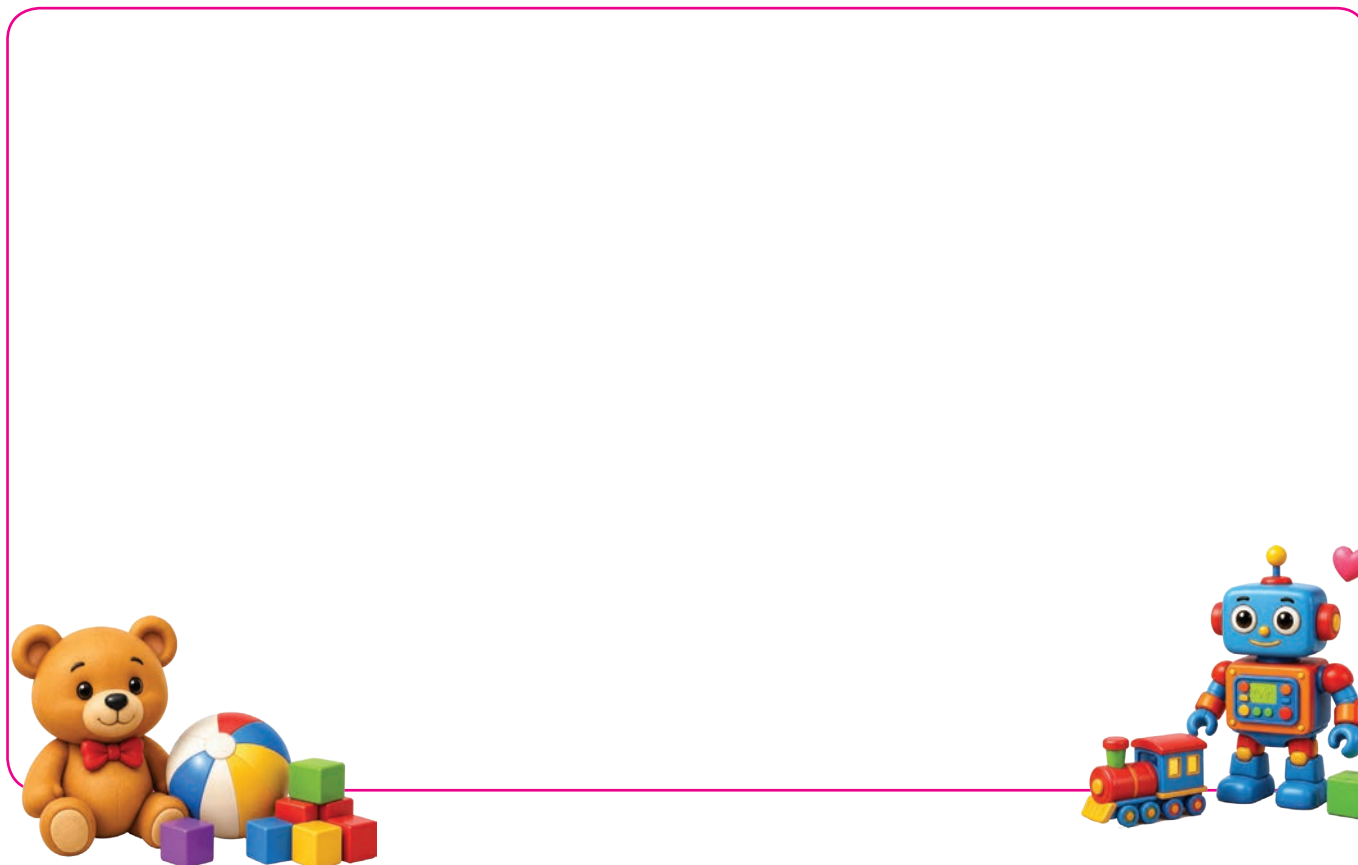


Drink water



Eat fruits

G. Draw your favourite toy.





LEARNING OBJECTIVE

- ★ How does a child grow and become healthy?
- ★ Who looks after a child?

How does a child grow and become healthy?

I was a very small baby when I was born.



When I was born,
I could only move my
hands, arms and legs.



After a few months,
I started crawling.



When I was about one
year old, I started
standing and walking.

Who looks after a child?

I am still growing every day.
My parents look after me.
They take care of me.
Food helps me grow.
Food keeps me healthy.
I also get my energy from food.
I eat fruits and vegetables.
I eat various kinds of foods.
I drink milk. I also eat curd.



My height and weight are increasing.
My arms and legs are growing longer.
I am learning about things around me.



TEACHER'S NOTES

Encourage the students to eat healthy food.



Summary



- ✿ Food keeps us healthy.
- ✿ We get energy from food.
- ✿ Our parents look after us.



Fact Finder

- ★ We are growing up all the time.



Let Me Answer

Which nutrients should we eat to be healthy?



Exercise

A. Tick (✓) the correct option.

- Food keeps us _____
a. healthy ☐ b. unhealthy ☐ c. unfit ☐
- We get energy from _____
a. food ☐ b. junk food ☐ c. none of these ☐

B. Fill in the blanks.

- Food gives us _____ to do work.
- My _____ look after me.

C. Answer the following questions.

- What do we get from food?

- Who looks after us?



ACTIVITY TIME



D. Write the names of the following food items.



E. Number the pictures in the correct order.



F. What will you become when you grow up?

Draw and Colour.



6

My Home



LEARNING OBJECTIVE

- Necessity of a house
- Types of houses
- Rooms in a house



I have a little house
Upon a little hill
And a garden fair to see
I have a little window
With flowers on the sill
And it all belongs to me.



Necessity of a House

All of us need a house to live in.
A house protects us from heat, cold,
rain, wind, wild animals and thieves.

infobits



Early man took shelter
on trees or in caves.



TEACHER'S NOTES

Tell students about the importance of our sweet home and various shelters in the world.



Types of Houses



Houses are of two types : **Kutch house** and **Pucca house**.



Hut - a kutch house

This is a **Kutch house**.

It is made up of bamboo, mud, straw and dry leaves. It is not a strong house. These are usually found in villages.



Pucca house

This is a **Pucca house**.

It is made up of cement, bricks, steel, glass and wood. This is a strong house.

Pucca houses are mostly found in cities and towns.



Rooms in a House

There are different rooms in a house.
We do different things in different rooms.



Let Me Answer

What is the shade on the walls of your house?



infobits

There are different rooms in a house— Kitchen, Bathroom, Bedroom, Dining room, Study room and Drawing room.



It is very important to keep our house neat and clean.
An ideal house is one that is clean, airy and sunny.





Summary



- ★ All of us need a house to live in.
- ★ A house protects us from heat, cold, rain, wind, wild animals and thieves.
- ★ Houses are of two types — Kutchha houses and Pucca houses.
- ★ There are different rooms in a house.
- ★ We should keep our house neat and clean.



Fact Finder

- ★ We need bricks, cement, steel and wood to build a house.



Exercise



A. Tick (✓) the correct option.

- A house protects us from
a. heat ☐ b. cold ☐ c. both ☐
- Early man took shelter in a
a. hut ☐ b. bungalow ☐ c. cave ☐
- We sleep in the
a. bathroom ☐ b. kitchen ☐ c. bedroom ☐

B. Fill in the blanks.

- We need a _____ to live in.
- Houses are of _____ types.

- c. Pucca houses are mostly found in _____
- d. _____ house is made up of bamboo, mud, straw and dry leaves.

C. Answer the following questions.

- a. Why do we need a house?

- b. What is a kutcha house?

- c. Why do we have different rooms in a house?



D. Where will you find these things in the house? Name the rooms.













E. Match the following.

a. **Bedroom**

b. **Kitchen**

c. **Bathroom**

d. **Living Room**

e. **Study Room**



F. Draw your home.





Our Food



LEARNING OBJECTIVE

- Need of food
- Sources of food
- Good food habits



Green vegetables and fresh clean fruits,
Carrots, tomatoes and apple juice.
Mummy says, **“Eat them all”**.
It makes us healthy, strong and tall.



Need of Food

- ✿ All of us need food to stay alive.
- ✿ Food gives us energy to work and play.
- ✿ It helps us to grow.
- ✿ It keeps us healthy and strong.

Sources of Food

- ★ We get our food from plants and animals.

Food from Plants

- ★ We get many types of food from plants.
- ★ We get grains from plants.



Pulses



Wheat



Rice



Maize



TEACHER'S NOTES

Instruct pupils on the importance of food for our bodies.

We get many fruits from plants.



Apple



Banana



Mango



Pineapple



Grapes

We get many vegetables from plants.



Carrot



Onion



Potato



Tomato



Cauliflower

Food from Animals

- ★ We get a variety of food from animals too.
- ★ We get eggs from hens and ducks.



infobits



Milk is used to make curd, cheese, butter, etc.



infobits



People who eat meat are called non-vegetarians.

We get meat from hen, goat and fish.



Let Me Answer

What is your favourite food?



Meals in a Day



We have **breakfast** in the morning.



We have **lunch** in the afternoon.



We have **dinner** at night.



We should have our meals at a fixed time everyday.



Good Food Habits

We should follow good food habits to remain healthy.



- ★ Eat your meals at regular times.
- ★ Wash your hands before and after meals.
- ★ Chew your food well.
- ★ Eat your meals at a fixed time every day.
- ★ Wash your hands before and after meals.
- ★ Do not talk while eating.
- ★ Eat lots of fruits and vegetables.
- ★ Never eat stale or uncovered food.
- ★ Do not waste food.
- ★ Don't eat too much of chips, burgers, pizzas and other junk food.





Summary



- ★ All of us need food to stay alive.
- ★ We get our food from plants and animals.
- ★ We should follow good food habits to remain healthy.



Fact Finder

- ★ Eating too much junk food is not good for health.



Exercise



A. Tick (✓) the correct option.

- Food gives us energy to
a. work ☐ b. play ☐ c. both ☐
- Which meal do we have in the morning?
a. Breakfast ☐ b. Lunch ☐ c. Dinner ☐
- We get milk from
a. plant ☐ b. hens ☐ c. cows ☐

B. Fill in the blanks.

- We get _____ from hens and ducks.
- We have _____ meals in a day.
- We should have our meals at _____ time.

C. Answer the following questions.

- Why do we need food?

- What are the sources of food?

- Who are non-vegetarians?



ACTIVITY TIME



D. Make a chart on food we eat and hang it in your classroom.

E. Sort the food items.

Healthy Food

Unhealthy Food



F. Write your favourite healthy food.





8

Our Clothes



LEARNING OBJECTIVE

- Necessity of clothes ➤ Different types of clothes ➤ Clothes of different occasions

Necessity of Clothes

All of us wear clothes. Clothes protect us from heat, cold, rain and dust. They also protect us from insect-bites. Clothes make us look smart.



Different Types of Clothes

We wear different clothes in different seasons. There are three main seasons in our country.



Summer Season

We wear light coloured cotton clothes during summer. They help us to stay cool.



TEACHER'S NOTES

Encourage the students to wear neat and clean clothes everyday.

infobits



We get cotton fibre from the cotton plant.





Winter Season



We wear dark coloured woollen clothes in winter season. They keep us warm.

infobits



Wool is obtained from sheep.



Rainy Season

When it rains, we wear a raincoat on top of our dress. It protects our clothes from getting wet. We also wear gumboots and carry an umbrella. They protect us from rain.



Clothes for Different Occasions

All of us wear special clothes on occasions like a wedding, a festival, birthday parties, etc.



Let Me Answer

What kind of clothing do you prefer?



Wedding



Diwali



Birthday party



Uniform

Children go to school wearing the same kind of dress. It is called the **uniform**.



Some people wear uniforms when they go to work.

Nurses, postmen, soldiers, policemen, doctors, firefighters etc. wear uniforms.



Nurse



Doctor



Postman



Student



Summary



- ★ All of us wear clothes.
- ★ Clothes protect us from heat, cold, rain and dust.
- ★ Children wear uniform when they go to school.
- ★ Some other people who wear uniform are nurses, doctors, postmen, soldiers, policemen, firefighters etc.



Fact Finder

- ★ Early men used leaves and animal skins to cover themselves.





Exercise

A. Tick (✓) the correct option.

1. Clothes protect us from

a. heat



b. cold



c. both



2. Clothes make us look

a. smart



b. dirty



c. shabby



B. Fill in the blanks.

a. We wear _____ clothes in summer.

b. We wear _____ clothes in winter.

c. We wear a _____ when it rains.

d. School children wear _____



C. Answer the following questions.

a. Why do we wear clothes?

b. Why do we wear cotton clothes in summer?

c. Why do we wear a raincoat in the rainy season?



ACTIVITY TIME



D. Write 'W' for winter clothes, 'S' for summer clothes, and 'R' for things we use in the rainy season.



Raincoat



Sweater



Jacket



Shirt

E. Match the clothes with the seasons.

1



**Woollen
clothes**

(i)



Summer

2



Raincoat

(ii)



Winter

3



**Cotton
clothes**

(iii)



Rainy

4



Sweater

(iv)



Winter

F. Draw and colour your favourite dress.





Revision Test Paper - II

(Based on Chapters 5 to 8)



A. Tick (✓) the correct option.

1. A house protects us from

a. heat

☐

b. cold

☐

c. both

☐

2. Clothes make us look

a. smart

☐

b. dirty

☐

c. shabby

☐

B. Fill in the blanks.

a. We need a _____ to live in.

b. School children wear _____

c. Food gives us _____ to do work.

d. We get _____ from hens and ducks.



C. Answer in one word.

a. A meal that we have in the morning.

b. It protects our clothes from getting wet.

c. It keeps us healthy.



D. Write three meals of a day.

E. Answer the following questions.

a. Why do we wear cotton clothes in summer?

b. What are the sources of food?

c. Who are non-vegetarians?



F. Sort the items.

Needs

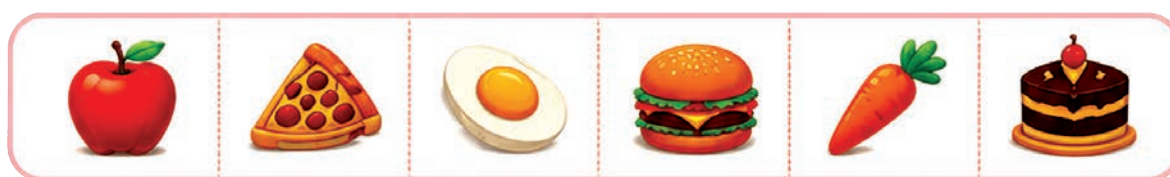
✓

Wants

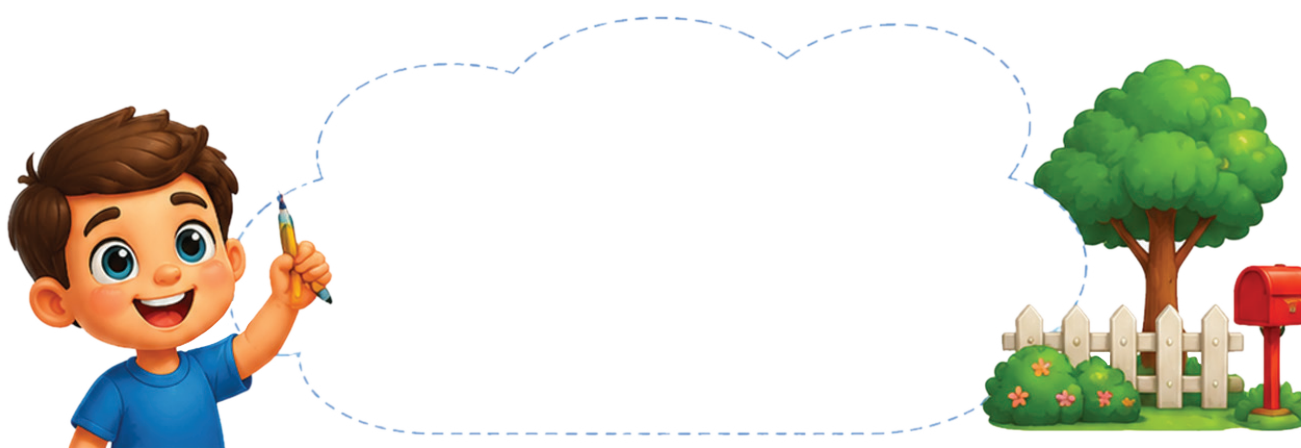
♥

G. Circle the healthy food.



H. Draw your home.





Model Test Paper-I

(Based on Chapters 1 to 8)



A. Tick (✓) the correct option.

1. We smell with our _____.

a. eyes

☐

b. nose

☐

c. neck

☐

2. We should keep our house _____.

a. dirty

☐

b. wet

☐

c. clean

☐

3. We wear _____ clothes in winter.

a. woollen

☐

b. cotton

☐

c. raincoat

☐

4. We live in a _____.

a. house

☐

b. forest

☐

c. park

☐

B. Fill in the blanks.

a. Brush your teeth _____ a day.

b. Food keeps us _____.

c. We all live in a _____.

d. A joint family is a _____ family.

e. We have _____ meals in a day.

C. Answer the following questions.

a. How many eyes do you have? _____

b. What is your father's name? _____

c. How many legs do you have? _____

d. How many fingers do you have? _____





D. Write true or false.

- a. We must wear dirty clothes.
- b. Clothes make us look smart.
- c. We cook food in the kitchen.
- d. We should always walk barefoot.
- e. We should bathe twice a day.

E. Answer the following questions.

- a. How many eyes do we have?

- b. What are the two sources of food?

- c. What are kutcha houses made up of?

- d. What is a joint family?

- e. Which clothes should we wear in summer?

F. Write the names of the four vegetables.

- a. _____ b. _____ c. _____ d. _____

G. Write the names of any ten body parts.



H. Match the following.

1. Eyes

a.



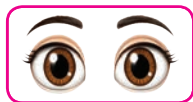
2. Nose

b.



3. Ears

c.



4. Mouth

d.



5. Hands

e.



I. Tick (✓) the healthy habits.



Bath daily



Watch TV
for long
hours



Drink
clean
water



Sleep on
time

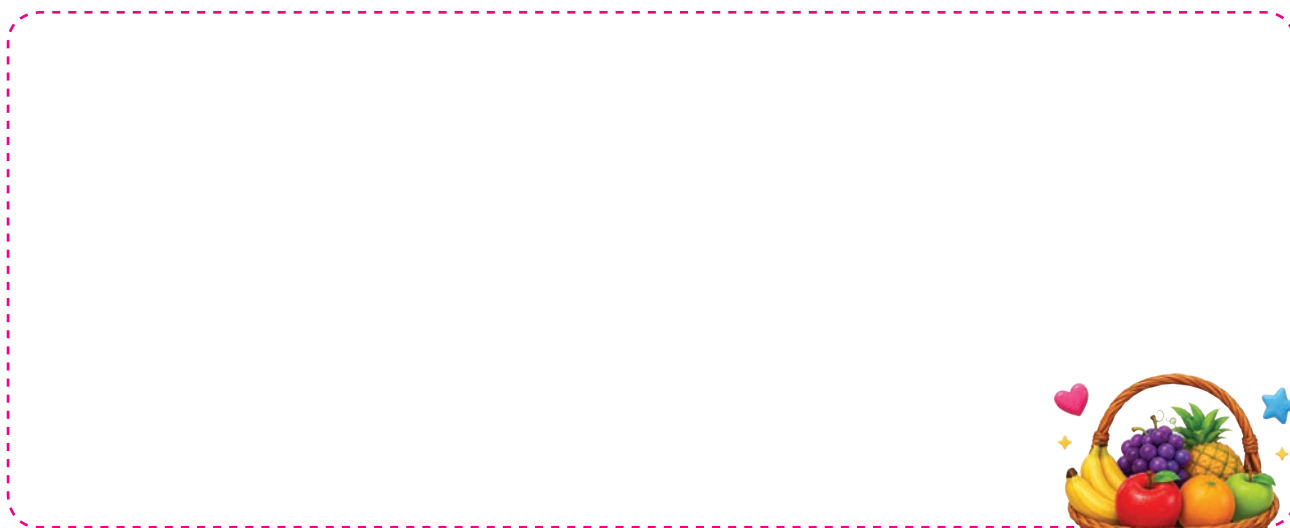


Throw
litter



Eat healthy
food

J. Draw and colour your favourite fruit.



Our Neighbourhood



LEARNING OBJECTIVE

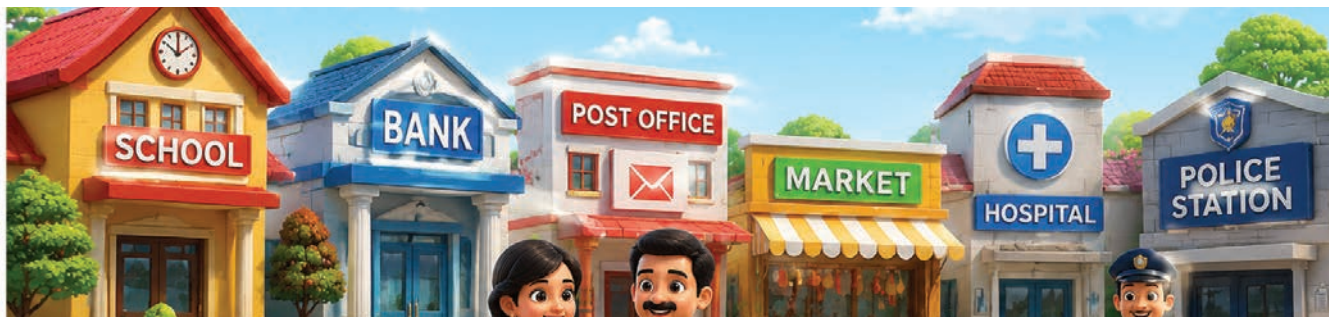
- Meaning of neighbourhood
- Places in neighbourhood



“My neighbours and my friends are very dear to me. They are always there whenever there is a need. We talk to each other and we borrow and lend. Such treasure they are.”

Meaning of Neighbour

- ★ We live with our family at **home**.
- ★ There are many houses near our **home**.
- ★ The people who live around our house are called our **neighbours**.
- ★ There are many houses and places near our house. They make our neighbourhood.
- ★ These places provide us many services. Some of these places are school, bank, post office, market, hospital and police station.



TEACHER'S NOTES

Make the students understand why we should respect everyone and be friendly in our neighbourhood.

Places in Neighbourhood

School

All the children go to school. They learn to read and write in the school. They learn good habits too. Many people work in a school like principal, teacher, guard, driver, sweeper, etc.



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School is called the temple of learning.



Bank

Bank is a place where we keep our money and jewellery safely.



Post Office

We buy stamps, envelopes and post cards from the post office.



Hospital

We go to a hospital when we are sick or injured. Doctors and nurses take care of the patients in the hospital.



Police Station

There is a police station in every neighbourhood. Policemen help to maintain law and order and catch the thieves.



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We need to dial **112** to call various emergencies such as police, fire, ambulance, etc.



Market

Every neighbourhood has a market. There are many shops in a market. We go to the market to buy different things.



Fire Station

A fire station is a place where firemen sit. They come to help us if there is a fire.



Summary

- ★ The people who live around our house are called our neighbours.
- ★ The places and houses near our house make our neighbourhood.
- ★ There are many places in our neighbourhood like school, bank, post-office, police station and market.

Let Me Answer

What kind of neighbourhood is there near your home?

Fact Finder

- ★ Some hospitals in villages are called dispensaries.



Exercise

A. Tick (✓) the correct option.

1. Where do children go to study?

a. Bank



b. School



c. Market



2. Where will you go to buy stamps?

a. Police station



b. Post office



c. Fire station



B. Match the following.

a. School

(i) Letters

b. Bank

(ii) Shops

c. Post office

(iii) Teachers

d. Market

(iv) Doctors

e. Hospital

(v) Jewellery



C. Answer the following questions.

a. What is a bank?

b. What is a market?

c. Why do we have fire stations?



ACTIVITY TIME



D. Colour the picture of this school.



E. Look at the picture and answer the questions.



1. Where do you study?
2. Where do we get medicines?
3. Where do we play?
4. Where do we see nurses?

F. Draw your neighbourhood.





People Who Help Us



LEARNING OBJECTIVE

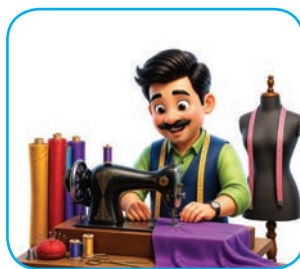
➤ Our Helpers

Our Helpers

In our neighbourhood, there are many people who help us in different ways. These are the policeman, doctor, postman, nurse, teacher, gardener, electrician, barber, tailor, carpenter, watchman etc.



A teacher
teaches in a school.



A **tailor**
stitches our clothes.



A **Cobbler**
mends our shoes.



A **barber**
cuts our hair.



A **postman**
brings our letters.



A **policeman**
maintains law and order.



TEACHER'S NOTES

Assist students to learn more about the people who help us in our daily life.



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Any work that earns money is called an occupation.



A **gardener** takes care of our plants.



A **plumber** repairs taps and leaking pipes.



A **watchman** guards our house.



A carpenter makes furniture.



A **doctor** treats the sick people.



A **green-grocer** sells vegetables.



Summary



- ★ In our neighbourhood, there are many people who help us in different ways.
- ★ Some of the people who help us are barber, cobbler, teacher, doctor, policeman, postman, tailor, watchman etc.



Fact Finder

- ★ Work is also a means of earning money.



Let Me Answer

Whom will you call if your tap starts leaking?



Exercise



A. Tick (✓) the correct option.

1. Who stitches our clothes?

a. Cobbler



b. Barber



c. Tailor



2. Who brings our letters?

a. Doctor ☐ b. Postman ☐ c. Policeman ☐

3. Who sells vegetables?

a. Green-grocer ☐ b. Gardener ☐ c. Teacher ☐

B. Fill in the blanks.

- a. A _____ cuts our hair.
b. A _____ teaches in a school.
c. A _____ makes furniture.

C. Answer the following questions.

a. Who is a doctor?

b. What does a plumber do?

D. Match the people with the places where they work.



(i)



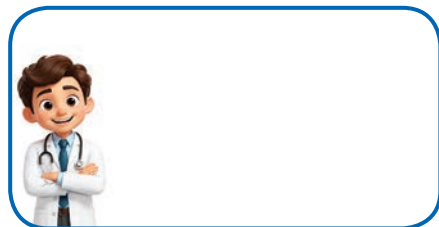
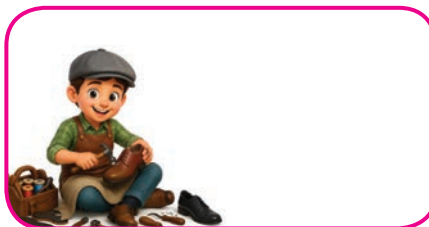
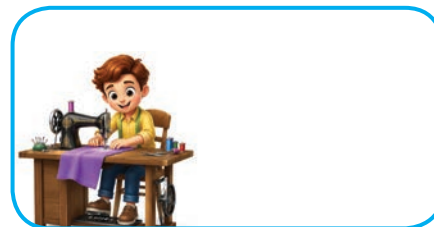
(ii)



(iii)



E. Draw the tools used by these people.



F. Match the following.

1

Doctor

2

Teacher

3

Firefighter

4

Police Officer

5

Postman

a.



b.



c.



d.



e.



G. Write the name of any one helper.



LEARNING OBJECTIVE

➤ What do we do in school?

➤ Different rooms in school

What do we do in school?

This is my school.
 I love my school.
 I go to school to study.
 There are many students in the school.
 I have many friends in the school.
 In the school, we learn to read and write.
 We learn to draw and do sums.
 We learn about the world.
 We learn good manners.



Different Rooms in School



This is the Principal's office.
 Our Parents meet him/her here.



My school has a big building.
 It has many classrooms.
 This is my classroom.
 We sit and study here.



TEACHER'S NOTES

Allow students to have an open discussion about their school and teachers.



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School makes us good and noble.

1 This is our library.

We borrow books from here.



2 This is the computer lab.

We learn about computers here.



3 This is our music room.

We learn music here.



4 This is the playground

We play here.



Summary

- ★ We learn to read and write in School.



Fact Finder

- ★ School is a temple of learning.



Let Me Answer

Which is your sweetest moment in your school?



Exercise

A. Tick (✓) the correct option.

- We play in the _____
a. playground ☐ b. music room ☐ c. library ☐
- The _____ is the head of the School
a. teacher ☐ b. Principal ☐ c. none of these ☐

B. Answer the following questions.

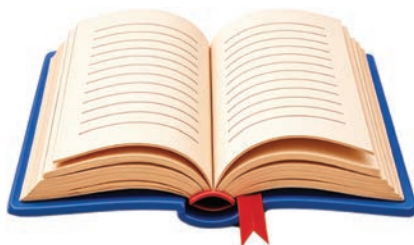
- What is the name of your school?

- How do you go to school?

- When do you reach your school?

C.

Write the names of these school things.



D.

Draw your Classroom.





Festivals

We Celebrate



LEARNING OBJECTIVE

- ★ Different festivals
- ★ Special days
- ★ National festivals

Different Festivals

Festivals are times to enjoy.
People greet each other and have fun.
Sweets are prepared and distributed
to friends and relatives.
Let us read about some festivals.



Diwali

Diwali is called the **festival of lights**.
People lit candles and diyas. They pray
to **Goddess Lakshmi** on this day.
Some people burn crackers on Diwali.

Eid

Eid is celebrated after the holy month of
Ramzan. On this day, people go to the
mosque and offer '**Namaz**'. People greet
their friends saying
“Eid Mubarak”.



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India is a country where many festivals are celebrated.



TEACHER'S NOTES

Aid students to understand the value of different festivals and special days.



Christmas

Christmas is celebrated on **25th December** every year. It marks the birth of **Lord Jesus Christ**. On this day, people go to the Church to pray. Christmas trees are decorated. It is believed that **Santa Claus** brings gifts for the children on this day.



Gurupurab



Gurupurabs are the birthdays of the Sikh gurus. On these days, people go to the gurudwara and pray to their holy book **Guru Granth Sahib**.

In Gurudwaras, people eat together from a common kitchen called langar.



Special Days

Some other days like **birthdays** and **weddings** are celebrated in families. These are called family functions.



National Festivals

The festivals that are celebrated by the entire nation are called **National Festivals**.

In India, we celebrate three national festivals.

1 Independence Day

Independence Day is celebrated on **15th August** every year. On this day, our country became independent from the British rule.

The Prime Minister of our country hoists the National Flag on this day.



2 Republic Day

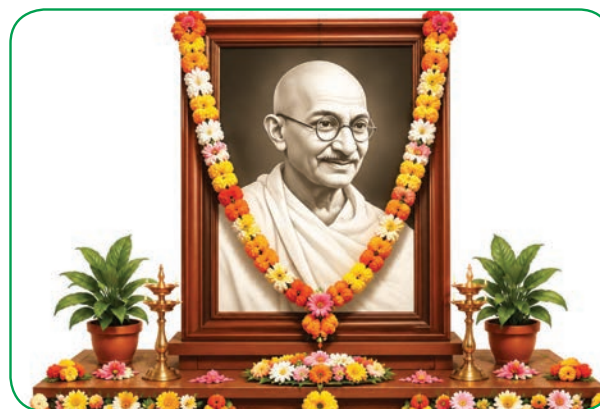
Republic Day is celebrated on **26th January** every year. On this day, our country became a republic.

A huge parade is held at Kartavya Path. The President of India takes the salute of the parade.



3 Gandhi Jayanti

Gandhi Jayanti is celebrated on **2nd October** every year. It marks the birthday of Mahatma Gandhi. Special prayers are held at his samadhi, Raj Ghat.



infobits

Mahatma Gandhi is called the Father of our Nation.



Summary



- ★ Festivals are times to enjoy.
- ★ Diwali is called the festival of lights.
- ★ Eid is celebrated after the holy month of Ramzan.
- ★ Christmas is celebrated on 25th December every year.
- ★ Gurupurabs are the birthdays of the Sikh gurus.
- ★ Independence Day, Republic Day and Gandhi Jayanti are our National Festivals.



Fact Finder

The Sikhs celebrate the birthdays of their Gurus on Gurupurabs.



Exercise



A. Tick (✓) the correct option.

1. Which festival is related to sewai?

a. Diwali

☐

b. Eid

☐

c. Christmas

☐

2. When do people eat from a langar?

a. Gurupurab

☐

b. Gandhi Jayanti

☐

c. Eid

☐

B. Fill in the blanks.

a. Goddess _____ is worshipped on Diwali.

b. People go to the _____ on Eid.

c. People go to the _____ on Gurupurab.

d. Christmas _____ are decorated.

C. Answer the following questions.

a. How do we celebrate Diwali?

b. How do we celebrate Gurupurab?

c. When is Christmas celebrated?

d. What are National Festivals?



D. Name these festivals.









E. Match the Festival with its picture.

1. Diwali

2. Holi

3. Christmas

4. Eid

a.



b.



c.



d.



F. Which is your favourite festival? Draw something related to it.





Revision Test Paper - III

(Based on Chapters 9 to 12)

A. Tick (✓) the correct option.

1. Where do children go to study?

a. Bank

☐

b. School

☐

c. Market

☐

2. The _____ is the head of the school.

a. Principal

☐

b. Teacher

☐

c. Student

☐

B. Fill in the blanks.

a. We play in the _____

b. People go to the _____ on Eid.

c. A _____ cuts our hair.

d. Children go to _____ to study.

C. Answer in one word.

a. Which is the festival of lights? _____

b. Who rings the bell in school? _____

c. Where do children go to study? _____

D. Answer the following questions.

a. What is a market?

b. Who is a doctor?

c. How do you go to school?



E. Who helps us? Write.



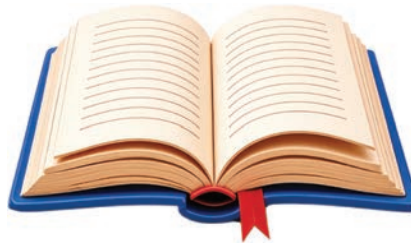






F. Write the names of these school things.















Transport We Use



LEARNING OBJECTIVE

- ★ Different means of transport
- ★ Animals as means of transport

Different Means of Transport

We use different means of transport to travel from one place to another. We have three means of transport:

1. Land Transport



2. Water Transport



3. Air Transport



Let us discuss about them one by one:

Land Transport

Vehicles that move on land are called **land transport**. Buses, cars, vans, scooters, horse cart, bicycles and trains are examples of land transport.



Car



Bus



Truck



Scooter



Bicycle



Horse Cart



Train



TEACHER'S NOTES

Guide the students to understand the use of the different means of transportation.



infobits

Aeroplane is the fastest means of transport.

Water Transport

Vehicles that sail on water are called **water transport**. Boats, ships and steamers are some of the examples of water transport.



Boat



Ship



Steamer



infobits

Early man used raft as a means of water transport.



Air Transport

Air transport includes vehicles that fly in the air. Aeroplanes, helicopters and rockets are the examples of **air transport**. Air transport is the fastest means of transport.



Let Me Answer

How do we travel in the oceans?



Aeroplane



Helicopter



Rocket



infobits

A rocket is that means of air transport which takes us far away to space.

Animals as Means of Transport

Some animals are also used as a means of transport. Here are a few of them.



Camel



Ox



Elephant



Horse



Summary



- ★ We use different means of transport to travel from one place to another.
- ★ We have three means of transport - Land transport, Water transport and Air transport.
- ★ Air transport is the fastest means of transport.



Exercise



A. Tick (✓) the correct option.

- Which of these is the fastest means of land transport?
a. Van ☐ b. Car ☐ c. Train ☐
- Which of these is a means of water transport?
a. Boat ☐ b. Aeroplane ☐ c. Scooter ☐
- Which of these is not a means of air transport?
a. Helicopter ☐ b. Aeroplane ☐ c. Bicycle ☐



B. Fill in the blanks.

- a. _____ and _____ are examples of land transport.
- b. _____ and _____ are examples of water transport.
- c. _____ and _____ are examples of air transport.

C. Answer the following questions.

- a. What is land transport?

- b. What is water transport?

- c. What is air transport?

D. Match the following.

- a. Scooter

(i)



- b. Ship

(ii)



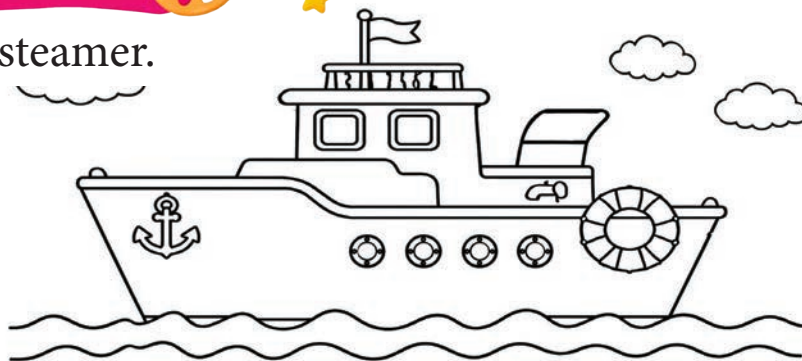
- c. Helicopter

(iii)



Activity Time

colour the steamer.



E.

Circle the land transport.



F.

Write the name of your favourite transport.

G.

Draw one means of transport.



The Sky



LEARNING OBJECTIVE

★ Different things in the sky

★ Rainbow in the sky

Different Things in the Sky

Look at these two pictures:



Day sky



Night sky

The Sun

The Sun is a huge ball of fire.
It gives us heat and light.
It is very far away from us.
During the day, the Sun shines brightly.
It makes the day for us. When the Sun sets, it gets dark.



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The Sun rises in the east
and sets in the west.

The Moon

We can see the Moon in the sky at night.
It is round like a ball.



TEACHER'S NOTES

Motivate the children to learn more about different phases of the day.

The Moon does not look the same every night. Sometimes it is big and round. Sometimes we see Half Moon. On some nights, there is No Moon.



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Moon is the natural satellite of Earth.



infobits

Neil Armstrong was the first man to land on the Moon.



Let Me Answer

Name the biggest star.

The Stars

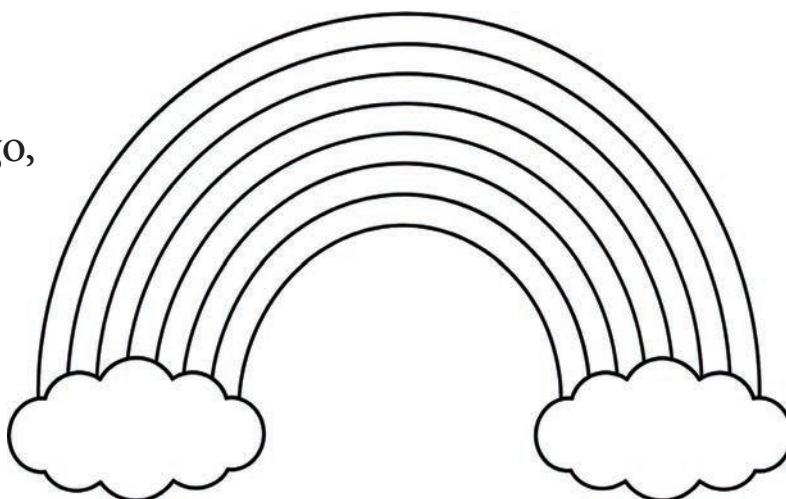
We see many stars in the night sky. Stars are far away from us. They appear to be small because they are far away from us. Stars form patterns in the sky.



Rainbow in the Sky

There are seven colours in the rainbow – violet, indigo, blue, green, yellow, orange and red.

Colour this rainbow.



R
O
Y
G
B
I
V



Summary



- ★ The Sun is a huge ball of fire.
- ★ We see the Moon in the night sky.
- ★ Numerous stars twinkle in the night sky.



Fact Finder

We cannot see stars during the day because of the very bright light of the Sun.



Exercise



A. Tick (✓) the correct option.

1. What does the Sun give us?

a. Heat

☐

b. Light

☐

c. Both

☐

2. What is the shape of the Moon?

a. Round

☐

b. Square

☐

c. Triangular

☐

3. When do we see the stars?

a. During the day

☐

b. At night

☐

c. None of these

☐

B. Answer the following questions.

a. What does the Sun give us?

b. Describe the Moon.

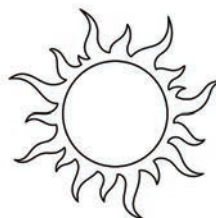
c. Can you count the stars?



Activity Time



C. Colour the following pictures.



Find out more about the people who have gone to the Moon.

D. Fill in the blanks.

1. We see the _____ in the day time.
2. We see the _____ and _____ at night.
3. Clouds bring _____

E. Match the following.

1. Sun

2. Moon

3. Stars

4. Clouds

a.



b.



c.



d.



F. Draw the day sky.

G. Draw the night sky.

Plants Around Us



LEARNING OBJECTIVE

★ Types of plants

★ Parts of a plant



This is my garden,
I'll plant it with care,
Here are the seeds, I'll plant in there,
The sun will shine,
The rain will fall,
The seeds will sprout and grow up tall.



Types of Plants

There are many types of plants around us. Some are tall while some are short. Very big plants are called trees.



Mango Tree



Coconut Tree

- ★ Trees have thick, woody stem called the trunk.
- ★ Trees have many leaves and branches.
- ★ Trees live for many years.



Ashoka Tree



TEACHER'S NOTES

Help students to learn more about plants in detail.

Some plants are short and bushy. They have thin, brown and woody stems. Such plants are called **shrubs**.



Rose



Jasmine



Hibiscus

Some plants are very small. They have soft and green stem. Such plants are called **herbs**.



Mint



Coriander



Grass

Some plants have weak stems. They need a support to climb up. Such plants are called **climbers**.



Grapevine



Money plant



Peas

Some plants grow along the ground. They are called **creepers**.



Watermelon



Pumpkin



Let Me Answer

Have you ever
visited a nursery?
Which plant do
you like the most?



Parts of a Plant

Look at this plant:

Rearrange the letters correctly to get the names of the parts of the plant.



infobits

Leaves are known as
“Kitchen of the Plants”.

UBD

I am a
closed flower.

LOFREW

I have a
sweet smell.

TESM

I transport water
and minerals to all
parts of the plant.

OOTSR

We are underground.
You cannot see us.



I am green in
colour and make
the food for the
plant.

EAFL

RANCBH

I have many
leaves.

RUITF

I contain
seeds.



Summary



- ★ There are many types of plants around us.
- ★ Very big plants are called trees.
- ★ Short and bushy plants are called shrubs.
- ★ Small plants with soft, green stem are called herbs.
- ★ Climbers and creepers are weak plants.



Fact Finder

Leaves are green in colour due to the presence of chlorophyll in them.



Exercise



A. Tick (✓) the correct option.

1. Which of these is a herb?

a.



a.



a.



2. Which of these is a shrub?

b.



b.



b.



3. Which of these grows along the ground?

c.



c.



c.



B. Fill in the blanks.

- _____ live for many years.
- Shrubs are _____ and _____.
- Herbs have _____ and _____ stem.
- _____ need a support to climb up.

C. Answer the following questions.

a. What are trees?

b. What are herbs?

c. What are shrubs?

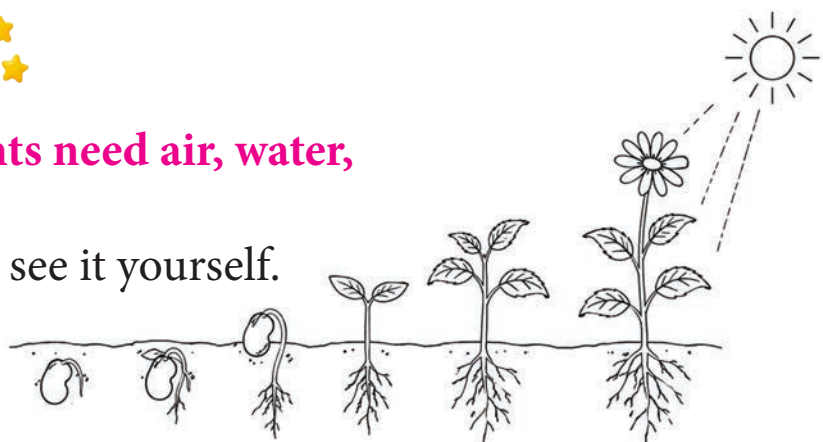
D. Write 'T' for trees, 'H' for herbs, 'S' for shrubs, 'Cr' for creepers and 'Cl' for climbers?



Activity Time

E. Do you know that plants need air, water, and sunlight?

Colour this picture and see it yourself.



F.

Tick (✓) the things that are plants.

☐☐☐☐☐☐

G.

Label the parts of the plant.





Animals Around Us



LEARNING OBJECTIVE

★ Animals around us

★ Types of animals

Animals Around Us

We see many animals around us.
Some are big and some are small.



infobits

Blue whale is the largest animal in the world. Elephant is the largest land animal.



Big Animals



Elephant



Giraffe



Camel



Rhinoceros



Small Animals



Goat



Dog



Cat



Rabbit



Squirrel

Birds

- ✿ Birds are our feathered friends.
- ✿ They have wings to fly.
- ✿ They have a beak to eat their food.



TEACHER'S NOTES

Tell students about the importance of various animals around us.



Ostrich



Peacock



Vulture



Sparrow



infobits

Peacock is the national bird of our country.



Pigeon

Insects



Ant

Insects are very small animals. They have six legs.



Housefly

Insects have feelers to sense the things around them. Some insects have wings.



Cockroach



Butterfly



Spider



infobits

Lion is called the king of the jungle.



infobits

Spider is not an insect.

Types of Animals

Animals can be divided into two groups:

1. Wild animals
2. Domestic animals or Pet animals



Animals that live in the forest are called wild animals. See above picture.

Domestic Animals



Some animals are useful to us. We keep them in farms and houses. We also tame them. Such animals are called domestic animals.



Cow



Goat



Sheep



Hen



Pet Animals

Some animals like dogs, cats etc. are kept as pets. We should take care of them.



Cat



Dog



Let Me Answer
Do you have a pet?



Summary

- ★ We see many animals around us.
- ★ Some animals are big and some are small.
- ★ Birds are our feathered friends.
- ★ Insects are very small animals having six legs.
- ★ Animals that live in the forests are called wild animals.
- ★ Animals that are kept in houses and farms are called domestic animals.
- ★ Pet animals are kept at homes.



Fact Finder

Animals also need food to grow.



Exercise



A. Tick (✓) the correct option.

1. Which of these is a big animal?



a. Giraffe

☐

b. Cat

☐

c. Snake

☐

2. Which of these is a small animal?



a. Rhinoceros

☐

b. Elephant

☐

c. Rabbit

☐

3. Which of these is a wild animal?



a. Dog

☐

b. Lion

☐

c. Hen

☐

B. Give two examples of each of the following



a. Birds : _____, _____

b. Insects : _____, _____

c. Pets : _____, _____

d. Big animals : _____, _____

C. Answer the following questions.



a. What are insects?

b. What are wild animals?

c. What are domestic animals?

D. Write yes or no.

a. Squirrel is a big animal.

b. Birds have wings to fly.

c. Insects have ten legs.

Activity Time



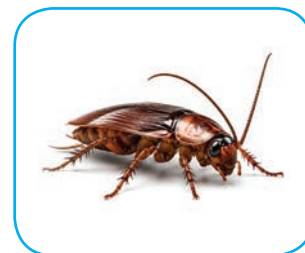
E. Rearrange the letters to name these animals correctly.



ABBITR



RROWSPA



ROACHCOCK



TAC



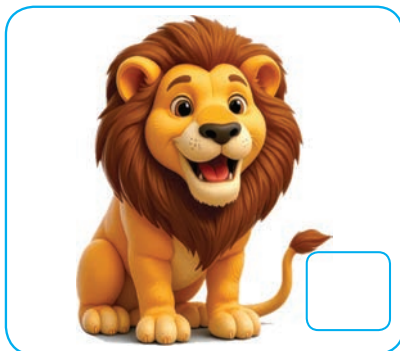
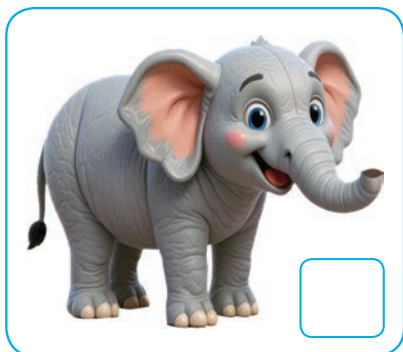
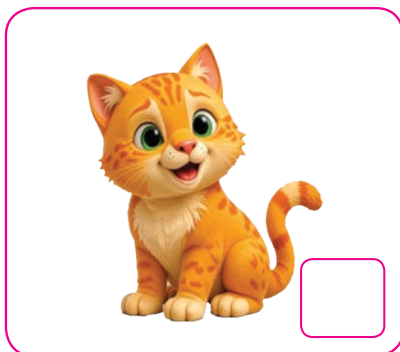
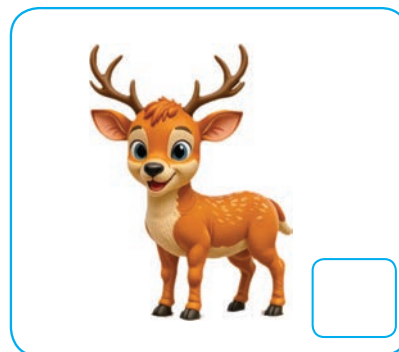
PHANTELE



EEPSH

F.

Write (D) for Domestic or Pet animals and (W) for Wild animals.



G.

Draw your favourite animal.





Revision Test Paper - IV

(Based on Chapters 13 to 16)



A. Tick (✓) the correct option.

1. What does Sun give us?

a. Heat ☐

b. Light ☐

c. Both ☐



2. Which of these is a wild animal?

a. Dog ☐

b. Lion ☐

c. Hen ☐



B. Fill in the blanks.

a. _____ and _____ are examples of land transport.

b. _____ live for many years.

c. Birds have _____ to fly.

d. _____ need a support to climb up.



C. Answer in one word.

a. Birds have wings to fly.

b. Means of water transport.

c. Insects have ten legs.

d. The shape of the Moon is square.

e. Trees live for many years.



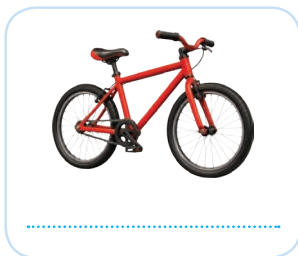
D. Answer the following questions.

a. What are insects?

b. What is air transport?



E. Identify the means of transport. Write (L) for land, (W) for water and (A) for air.



F. Tick (✓) the things we get from plants.



G. Draw your favourite animal.





Model Test Paper-II

(Based on Chapters 9 to 16)



A. Tick (✓) the correct option.

1. Which of these is not a means of air transport?
a. Helicopter ☐ b. Aeroplane ☐ c. Car ☐
2. When do we see the stars?
a. During the day ☐ b. At night ☐ c. None of these ☐
3. Who brings our letters?
a. Doctor ☐ b. Postman ☐ c. Policeman ☐
4. Which of these is a wild animal?
a. Dog ☐ b. Lion ☐ c. Hen ☐

B. Fill in the blanks.

- a. Eid is the festival of _____
- b. A _____ makes furniture.
- c. We borrow books from the _____
- d. _____ is an example of water transport.
- e. _____ have wings to fly.



C. Answer in one word.

- a. This is the fastest means of land transport. _____
- b. It is celebrated on 2nd October every year. _____
- c. Name any one air transport. _____
- d. Name any one land transport. _____
- e. Name any one herb. _____



D. Write true or false.

- a. Climbers have weak stem.
- b. Sweeper cleans your classroom.
- c. Boats and ships are land transport.
- d. We see Moon in the night sky.
- e. A tailor mends our shoes.



E. Answer the following questions.

- a. What is land transport?

- b. What are domestic animals?

- c. When do people celebrate Christmas?

- d. Why do we go to a bank?

- e. How do you go to school?



F. Write the names of National Festivals.

- a. _____
- b. _____
- c. _____
- d. _____



G. Rearrange the letters to name these animals correctly.



a. ABBITR _____



b. TAC _____

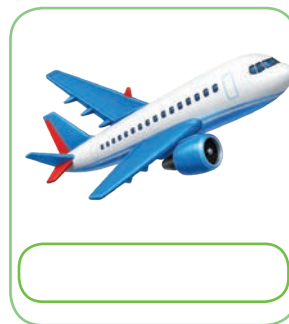
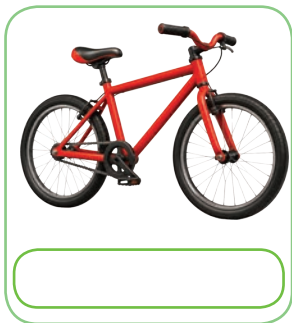
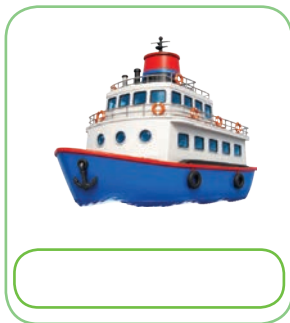
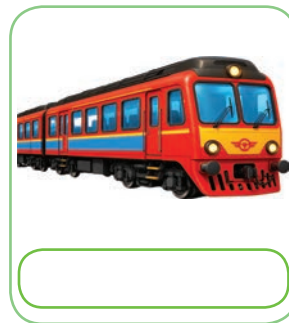


c. HEEPS _____



d. OGD _____

H. Look at the pictures and write the correct means of transport.



I. Tick (✓) the things that we get from plants.



J. Draw and colour your dream house.





FUN LEARNING PAGE-1

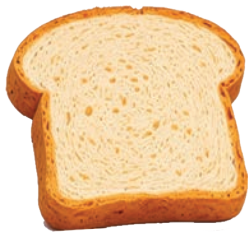


Name these

MY BODY PARTS



FOOD WE EAT



PEOPLE WHO HELP US





FUN LEARNING PAGE-2



A. My favourites!



My favourite food: _____



My favourite game: _____



My favourite season: _____



My favourite cartoon: _____



My favourite book: _____

B. Colour the smiley that shows how much you like each.



	Fruits			
	Vegetables			
	Milk			
	Reading			
	Playing			