Good Habits

Class LKG • My Picture Dictionary • Worksheet

Topic: Good Habits | **Time:** 1 Hour | **Maximum marks:** 20

Name: _____ **Roll No:** _____ **Date:** _____

Instructions: Attempt all questions. Choose the correct answer for each question.

Good Habits · Multiple Choice Questions

1. How many times a day should we brush our teeth?

A. Twice a day
B. Once a week
C. Never
D. Read Books

[1 mark]

2. Why do we exercise daily?

A. To get dirty
B. To keep fit
C. To feel sad
D. Keep Clean

[1 mark]

3. How should we say 'Thank you'?

A. With anger
B. With a smile
C. While crying
D. Be Kind

[1 mark]

4. What happens when we eat healthy food?

A. We grow strong
B. We fall sick
C. We lose books
D. Say Thank You

[1 mark]

5. Why should we sleep early?

A. To miss school
B. To get enough rest
C. To waste time
D. Sleep Early

[1 mark]

6. Which picture word matches: 'I read books daily and learn new things.'?

A. Read Books
B. Keep Clean
C. Be Kind
D. Say Thank You

[1 mark]

7. Which picture word matches: 'I keep my body and home clean.'?

A. Read Books
B. Keep Clean
C. Be Kind
D. Say Thank You

[1 mark]

8. Which picture word matches: 'I am kind to everyone and to animals.'?

A. Read Books
B. Keep Clean
C. Be Kind
D. Say Thank You

[1 mark]

9. Which picture word matches: 'I say thank you with a smile.'?

A. Read Books
B. Keep Clean
C. Be Kind
D. Say Thank You

[1 mark]

10. Which picture word matches: 'I sleep early and get enough rest.'?

A. Sleep Early
B. Read Books
C. Keep Clean
D. Be Kind

[1 mark]

Good Habits · Fill in the Blanks

11. Fill in the blank: 'I wake up _____ in the morning.'

A. early
B. twice
C. daily
D. strong

[1 mark]

12. Fill in the blank: 'I brush my teeth _____ a day.'

A. daily
B. strong
C. water
D. twice

[1 mark]

13. Fill in the blank: 'I take a bath _____ and stay clean.'

A. water
B. fit
C. daily
D. strong

[1 mark]

14. Fill in the blank: 'I eat healthy food and grow _____.'

A. learn
B. strong
C. water
D. fit

[1 mark]

15. Fill in the blank: 'I drink plenty of _____ every day.'

A. water
B. fit
C. learn
D. clean

[1 mark]

Good Habits · True or False

16. I wake up early in the morning:

A. True
B. False

[1 mark]

17. I brush my teeth twice a day:

A. True
B. False

[1 mark]

18. We should never drink water during the day:

A. True
B. False

[1 mark]

19. I eat healthy food and grow strong:

A. True **B.** False

[1 mark]

20. I am kind to everyone and to animals:

A. True **B.** False

[1 mark]

— End of Worksheet —

Teacher’s Answer Key

Good Habits Solutions — Total: 20 Questions / 20 Marks

Question	Answer	Correct Option
Q1	**(A)**	Twice a day
Q2	**(B)**	To keep fit
Q3	**(B)**	With a smile
Q4	**(A)**	We grow strong
Q5	**(B)**	To get enough rest
Q6	**(A)**	Read Books
Q7	**(B)**	Keep Clean
Q8	**(C)**	Be Kind
Q9	**(D)**	Say Thank You
Q10	**(A)**	Sleep Early
Q11	**(A)**	early
Q12	**(D)**	twice
Q13	**(C)**	daily
Q14	**(B)**	strong
Q15	**(A)**	water
Q16	**(A)**	True
Q17	**(A)**	True
Q18	**(B)**	False
Q19	**(A)**	True
Q20	**(A)**	True