My EVS World - 0 (Chapter 5: The Food)

Class UKG My EVS World - 0 - Worksheet (Page 12)

Topic: Chapter 5: The Food | Time: 45 Minutes | Maximum marks: 26

Name: _____ **Roll No:** _____ **Date:** _____

Instructions: Attempt all questions. Choose the correct answer for each question.

Section A: Food & Daily Meals · Fill in the Blanks

1. We cannot live without _____; it helps us to grow big and strong.

A. food
B. Morning
C. Night
D. Afternoon

[1 mark]

2. Fruits, Vegetables, and Grains and Pulses are food from _____.

A. animals
B. plants
C. Morning
D. Night

[1 mark]

3. Milk, meat/chicken, ghee, ice cream, and curd are food from _____.

A. plants
B. Morning
C. animals
D. Afternoon

[1 mark]

4. We eat Breakfast in the _____, Lunch in the _____, and Dinner at _____.

A. Afternoon; Night; plants
B. Night; milk; food
C. food; food; animals
D. Morning; Afternoon; Night

[1 mark]

5. We should drink _____ daily because it is very good for our health.

A. milk
B. food
C. Morning
D. Night

[1 mark]

Section B: Fun Time: Plant or Animal · Fill in the Blanks

6. Row 1, Item 1 & 2: Bowl of Dal/Pulses is _____ and Guava is _____.

A. A (Animals); A (Animals)
B. P (Plants); P (Plants)
C. None of these
D. All of these

[1 mark]

7. Row 1, Item 3 & 4: Apple is _____ and Lady's Finger (Okra) is _____.

A. A (Animals); A (Animals)
B. None of these
C. P (Plants); P (Plants)
D. All of these

[1 mark]

8. Row 2, Item 5 & 6: Ice cream sundae (made from milk) is _____ and Tomato is _____.

A. P (Plants); A (Animals)
B. None of these
C. All of these
D. A (Animals); P (Plants)

[1 mark]

9. Row 2, Item 7 & 8: Bottle of Fresh Milk is _____ and Cauliflower is _____.

A. A (Animals); P (Plants)
B. P (Plants); A (Animals)
C. None of these
D. All of these

[1 mark]

Section C: Multiple Choice Qs · Multiple Choice Questions

10. Why do we need food?

A. It makes us sick
B. It helps us to grow big and strong
C. We do not need food
D. None of these

[1 mark]

11. Which of these groups of food do we get from PLANTS?

A. Milk, Ghee and Curd
B. Chicken and Ice cream
C. Fruits, Vegetables, Grains and Pulses
D. None of these

[1 mark]

12. Which of these food items do we get from ANIMALS?

A. Apple, Guava and Tomato
B. Cauliflower and Lady's finger
C. None of these
D. Milk, Ghee, Curd, Meat and Ice cream

[1 mark]

13. Which meal do we eat in the Morning?

A. Breakfast
B. Dinner
C. Lunch
D. None of these

[1 mark]

14. When do we eat Lunch and when do we eat Dinner?

A. Lunch at Night, Dinner in the Morning
B. Lunch in the Afternoon, Dinner at Night
C. Both in the Morning
D. None of these

[1 mark]

15. What should we drink daily because it is very good for our health?

A. Fizzy cold drink
B. Coffee
C. Milk
D. None of these

[1 mark]

Section D: Match Food & Meals · Match & Identify

16. Match the following: 'Breakfast' matches with _____.

A. Eaten in the Afternoon
B. Eaten at Night
C. Food from Plants (P)
D. Eaten in the Morning

[1 mark]

17. Match the following: 'Lunch' matches with _____.

A. Eaten in the Afternoon
B. Eaten in the Morning
C. Eaten at Night
D. Food from Plants (P)

[1 mark]

18. Match the following: 'Dinner' matches with _____.

A. Eaten in the Morning
B. Eaten at Night
C. Eaten in the Afternoon
D. Food from Plants (P)

[1 mark]

19. Match the following: 'Fruits, Vegetables, Grains & Pulses' matches with _____.

A. Eaten in the Morning
B. Eaten in the Afternoon
C. Food from Plants (P)
D. Eaten at Night

[1 mark]

20. Match the following: 'Fresh Milk, Ghee, Curd & Ice cream' matches with _____.

A. Eaten in the Morning
B. Eaten in the Afternoon
C. Eaten at Night
D. Food from Animals (A)

[1 mark]

Section E: True or False · True or False

21. We cannot live without food; it helps us to grow big and strong.

A. True
B. False

[1 mark]

22. Fruits, vegetables, grains, and pulses come from animals.

A. True
B. False

[1 mark]

23. Milk, ghee, curd, and ice cream are food items obtained from animals.

A. True
B. False

[1 mark]

24. We eat dinner in the morning and breakfast at night.

A. True
B. False

[1 mark]

25. We should drink milk daily as it is very good for our health.

A. True
B. False

[1 mark]

26. Guava, apple, tomato, lady's finger, and cauliflower come from plants.

A. True
B. False

[1 mark]

--- End of Worksheet ---

Teacher's Answer Key

My EVS World - 0 (Chapter 5: The Food) Solutions --- Total: 26 Questions / 26 Marks

Question	Answer	Correct Option
Q1	**(A)**	food
Q2	**(B)**	plants
Q3	**(C)**	animals
Q4	**(D)**	Morning; Afternoon; Night
Q5	**(A)**	milk
Q6	**(B)**	P (Plants); P (Plants)
Q7	**(C)**	P (Plants); P (Plants)
Q8	**(D)**	A (Animals); P (Plants)
Q9	**(A)**	A (Animals); P (Plants)
Q10	**(B)**	It helps us to grow big and strong
Q11	**(C)**	Fruits, Vegetables, Grains and Pulses
Q12	**(D)**	Milk, Ghee, Curd, Meat and Ice cream
Q13	**(A)**	Breakfast
Q14	**(B)**	Lunch in the Afternoon, Dinner at Night
Q15	**(C)**	Milk
Q16	**(D)**	Eaten in the Morning
Q17	**(A)**	Eaten in the Afternoon
Q18	**(B)**	Eaten at Night
Q19	**(C)**	Food from Plants (P)
Q20	**(D)**	Food from Animals (A)
Q21	**(A)**	True
Q22	**(B)**	False
Q23	**(A)**	True
Q24	**(B)**	False
Q25	**(A)**	True
Q26	**(A)**	True